



**THE SECRET OF JOY-FILLED LIFE
JOYFUL LIVING SERIES – Pt 3 of 3**

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“This is a sacred day before our Lord. Don’t be dejected and sad, for the joy of the Lord is your strength!”

Nehemiah 8:10 (NLT)

“This is the day the Lord has made. We will rejoice and be glad in it.”

Psalm 118:28 (NLT)

“Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God’s will for you who belong to Christ Jesus.”

1 Thessalonians 5:16-18 (NLT)

THE BIG IDEA:

JOY IS INTERNAL, BASED ON CHRIST AND MY CHOICE

Why I can Be Joyful in Spite of Circumstances ...

BECAUSE GOD IS WITH ME.

“When you pass through deep waters I will be with you; your troubles will not overwhelm you. when you pass through fire, you will not be burned; the hard trials that come will not hurt you. For I am the Lord your God!” Isaiah 43:2 (GN)

BECAUSE GOD HAS A PLAN FOR MY LIFE

(God) “I want you to trust me in your times of trouble, so I can rescue you and you can give me glory.” Psalm 50:14 (LB)

I CAN REJOICE BECAUSE GOD WILL HELP ME

“Why be so gloomy and discouraged? Trust in God! Then I shall praise him for His wondrous help; He will make me smile again”

Psalm 43:5 (LB)

APPLICATION

1. FOCUS ON GIVING RATHER THAN RECEIVING.

“There is more happiness in giving than in receiving.”

Acts 20:35

“Learn to put aside your own desires so that you will become patient and godly. This will make possible the next step, which is for you to enjoy other people and to like them, and finally you will grow to love them deeply.” 2 Peter 1:7 (LB)

2. FOCUS ON GOD'S POWER RATHER THAN MY PROBLEMS

“Trust in God at all times: pour out your hearts to him, for God is our refuge.”

Psalm 62:8 (LB)

“When I am afraid, I will trust in you.” Psalm 56:3 (NIV)

“Always be full of joy in the Lord; I say it again, rejoice!”

Philippians 4:4 (LB)